

Carer Respite

Respite care, to provide family or carers with a break, can be provided at home or at Residential Care facility.

You may go to respite for a short time to give your carers a rest and then return home after the agreed time. This might range from an overnight stay to a few days, depending on your circumstances.

A daily accommodation fee does apply.



My team *is* **BRHS**

Improving the health and wellbeing of the East Gippsland community by providing accessible, high quality and sustainable health care.

We welcome feedback at:

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The information in this brochure is intended as a guide to one of the services provided by BRHS and is correct at the time of publishing.

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Bairnsdale Regional Health Service is located on the traditional land of the Gunai Kurnai people.



**Palliative Care
Services**

Palliative Care Service

Our Palliative Care service provides care and support to clients with a life-limiting illness and their carers, plus access to a wide range of other services.

We aim to improve the quality of life and assist people to die with dignity in the environment of their choice.

The Palliative Care Service Provides:

- 24 hour on call nursing 7 days a week
- Social work services
- Counselling and bereavement support
- Volunteer support
- A service fully integrated with medical supervision
- Spiritual and pastoral care

24-hour On-call Nursing Care

Comprehensive nursing care for terminally ill people wishing to be cared for at home includes:

- Pain and symptom management;
- General nursing care;
- Support to clients and their carers, including respite;
- Arrangements for specialised equipment in the home.

The Palliative Care team do an initial assessment of the client's needs and work closely with the client's doctor and family to provide ongoing management of care.

Social Work and Counseling Service

Social workers and counselors are able to provide support to clients and their carers and are skilled in assisting people to deal with the many issues which arise at a time of serious illness.

Bereavement support is also provided by the Palliative Care team, Social Workers and counsellors. This involves follow-up visits to carers, the provision of grief counselling and facilitating bereavement support groups.

Volunteer Support

Palliative Care volunteers are trained men and women who are able to provide a wide range of services including both practical and emotional support to clients, their families and carers.

The Palliative Care Volunteer service is coordinated by the District Nursing Service who will ensure that clients and families are matched with suitable volunteers according to their needs.

The District Nursing Service is also responsible for the recruitment, education and ongoing support of the volunteers in the program.

If you would like more information or wish to access the volunteer service, please contact the District Nursing Service on **03 5152 0285**.